

Risperidone Utilization in Serious Bipolar Mood Disorders

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Objectives: To assess Risperidone utilization and utility, and its safety and tolerability too, in serious bipolar spectrum mood disorders.

Materials and Methods: A total of 18 outpatients were included in this open-label, non-comparative, naturalistic study, meeting DSM-IV diagnostic criteria for bipolar mood disorders. These diseases were assessed: Bipolar Mood Disorder (type II), Bipolar Mood Disorder (type mixed), Cyclothymic Disorders. Risperidone treatment was a subsequent additional therapy to mood-stabilizers and antidepressants. "GAS" Scale was adopted in determining the effects of Risperidone treatment before beginning therapy, after eight weeks of mood-stabilizers and antidepressants therapy, and after six weeks of Risperidone treatment. Risperidone treatment was an additional therapy in combination with mood-stabilizers and antidepressants to obtain the optimum mood balance conditions. Tolerability was assessed by registering treatment-emergent adverse events.

Results: In beginning of therapy, all the patients obtained with the "GAS" a score lower than 35 points; after the eight weeks of therapy with mood-stabilizers and antidepressants the patients obtained with the "GAS" a score between 55 and 75 points. After the additional therapy with Risperidone, after others six weeks valuation, all the patients obtained with the "GAS" more than 85 points.

Tolerability: Only 17% of the patients had to stop the treatment, after the six weeks valuation, for not transient side effects (EPS; endocrine).

Conclusion: In this naturalistic study Risperidone demonstrated its considerable efficacy in serious bipolar spectrum mood disorder as add-on therapy to mood stabilizers and antidepressants, and also its safety and tolerability.

References:

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